

Summer Psalms

Scripture to Help Us Praise

Many followers of Christ feel bad for displaying emotions besides peace, gratitude and contentment. Fear, anger, resentment, and even grief are hidden and remain unexpressed. But the psalmists exhibit a completely different approach.

They lay their hearts on the line. They experience (and share) a full range of uninhibited emotion and pour it out to God. They question, beg, wonder, protest and mourn. They celebrate, exalt and praise. They proclaim the power, greatness and worth of God. They come to Him honestly and with humility.

We want to model the psalmist's raw emotion and come to our great God with anything and everything on our minds and in our hearts this Summer. We want to trust that He is listening, that He sees, and that He is faithful, generous, forgiving, and loving. We want to grow in our awe of Him and be reminded of His goodness.

That's why we've created these printable Summer Psalms Scripture cards. Commit to reading and meditating on the entire Psalm, then use these poignant passages to remind you of what you've learned. Memorize them, frame them, tape them to a refrigerator, bedside table, bedroom mirror, or anywhere else you'll see them every day. However you use them, remember this: "The Lord has established His throne in the heavens and His sovereignty rules over all" (Psalm 103:19). He already knows what you're feeling and can handle your honesty. Trusting He's good enough to handle your emotions brings Him great praise.

With Great Expectation,

Lisa

LORD, YOU ARE MY PORTION
AND MY CUP OF BLESSING;
YOU HOLD MY FUTURE.



PSALM 16:5

THE LORD
values
THOSE WHO
fear HIM,
THOSE WHO
PUT THEIR
hope
IN HIS

faithful love

PSALM 147:11



TEACH ME TO DO

your will

FOR YOU ARE

my God.

MAY YOUR

gracious spirit

LEAD ME ON

level ground

PSALM 143:1



GIVE THANKS TO THE LORD,
FOR HE IS GOOD.

His faithful love endures forever



PSALM 136:1

MAY THE **WORDS** OF
MY MOUTH
AND THE **MEDITATION** OF
MY HEART
BE ACCEPTABLE TO YOU,
LORD,
MY ROCK & MY REDEEMER.

PSALM 19:14